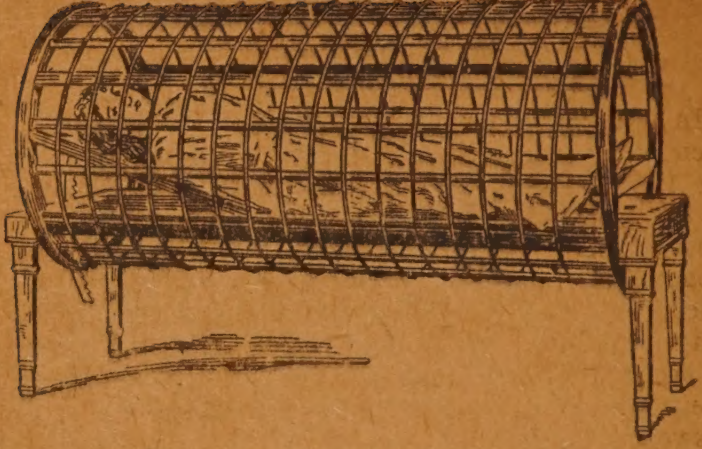
WHAT YOUR NEIGHBORS SAY

DREAM BOOK

COMPLIMENTS OF

World's Dispensary Medical Ass'n

BUFFALO, N. Y.



Condensation Couch for Auto-Induction Treatment as used at Dr. Pierce's Invalids' Hotel

High-frequency currents are used at the Invalids' Hotel in Buffalo, N. Y. They promote circulation and increase vitality. They are rich ozone generators, and, when applied to unhealthy granulations and various skin diseases, act as an oxidizer, antiseptic and disinfectant. Applied to the skin before incision, they will render the site aseptic.

For general effect the patient is placed upon an auto-conduction couch or in the center of an auto-conduction cage. In the treatment of subacute, chronic rheumatism, sciatica, neurasthenia, etc., a condenser couch is most useful.

Write the Specialists at Dr. Pierce's Invalids' Hotel in Buffalo, N. Y., for free confidential medical advice no matter what your ailment may be. No charge is made for this service.

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DREAMS

In most countries and in all ages dreams have been believed in by some people as indications of the future. This form of superstition arises out of the past and present acts of the dreamer. In most ancient days, in Egypt and Babylon, the monarch's dreams were interpreted by high state officials. The Greeks and the Romans very often consulted the oracles. An inquirer would sleep in the temple at night after performing certain rites, when his questions were supposed to be answered in dreams.

In modern times dreams are seldom heeded except by the superstitious, but at the same time, most people are interested in the mystery as to the cause of dreams, which seem so far beyond the power of the will, and so we give here the ordinary meaning of dreams:

INTERPRETATION OF DREAMS

Absence.—To dream of absent friends means that you will soon hear from them. If they stand near your bed, the news will be bad.

Abyss.—To dream you are looking over an abyss is a warning of danger. To dream that you fall into an abyss denotes illness.

Accident.—To dream that an accident occurs to you means great success. If you see an accident to others, beware of false friends.

Angel.—To dream that you see an angel foretells the death of a beloved friend.

Animals.—To dream of domestic animals means a happy return of absent friends. Reconciliation of quarrels. Wild animals mean secret enemies.

Anger.—To dream that you have been provoked to anger shows that you have many enemies.

Bear.—To dream that you have seen a bear means you have a rich, cruel, and audacious enemy. If it is running, happiness is in store for you.

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A Healthy Woman Is Always Beautiful

Pittsburgh (North Side), Pa.—"When I reached middle life I became in a nervous, hysterical condition with despondent spells and frequent heat flashes, also pains in my right side. I took medicines, but not until I took Dr. Pierce's Favorite Prescription did I get any relief whatever, but the Prescription brought me s a f e l y thru this critical period just as strong and well as ever. Doctor Pierce's Favorite Prescription is the best medicine in the world for a woman to take throughout this critical period of life."—Mrs. Elmira Bradford, 1202 Palo Alto Street.

Get Dr. Pierce's Favorite Prescription at once from your druggist, in either liquid or tablets.

BEES.—Bees signify wealth and success in business. Seeing bees leave their honey is a sign of honor and fortune.

BEGGAR.—If you see yourself a beggar you may hope for wealth. To see many means sickness.

BLOOD.—If you see blood, it's a good sign. You will fall heir to riches. To lose blood signifies sorrow and disappointment.

BLOSSOMS.—If you see flowers or trees in bloom, it's a sign of success and happiness.

BONNET.—For a maiden to dream she gets a new bonnet promises a new lover.

This Article Will Interest Every Mother

Syracuse, N. Y.—"During my young motherhood I had a break-down in health. I was nervous and weak and would have such severe backaches that I would not be able to get out of bed for three or four days at a time. I was nauseated and would have dizziness and fainting spells. I was in a miserable condition of health when I began taking Dr. Pierce's Favorite Prescription and by the time I had taken two bottles I was well and strong, did not suffer any more. I kept well and strong up to the last and had practically no suffering."—Mrs. Archie Sutor, 416 Burt. Street.

Send 10c to Dr. Pierce's Invalids' Hotel in Buffalo, N. Y., for trial pkg. Write for free advice.

Brother.—To dream of a brother means an early marriage in your family. If in love, it's a favorable omen.

Cow (Cattle).—To dream of a cow means prosperity and abundance.

Children.—To see two or three children means that you will have good success in business. To one who has no children, to see many children running about the house means it will be difficult for the dreamer to have any.

Coffin.—To see a coffin is unlucky, means the death of some dear and valued friend.

Backache or Pain Over Kidneys?

Wonderful Relief is Here Told

Toledo, Ohio.—"I was troubled with backache for a year or more. At times I could hardly bend over to tie my shoes. I lost in weight and worried a lot. I would lose every other day's work. I tried plasters, rubs, and kidney pills, but to no avail. At last my attention was called to Dr. Pierce's Anuric (anti-uric acid) Tablets, and after using the first bottle I could sleep better and had very little distress. I have used three bottles of this wonderful remedy and feel like a new man. I recommend Anuric to all that I hear complaining of backache, for it certainly did wonders for me." —M. H. Parker, 1213 Jefferson Ave.

This anti-uric-acid remedy of Dr. Pierce's for backache and kidneys (called "An-uric") is new, but it can be had at your neighborhood drug store, or send 10c for trial pkg. to Dr. Pierce, Invalids' Hotel, Buffalo, N. Y., and write for free medical advice.

CLIMBING.—To climb a tree means success in life. To climb a steep hill foretells difficulties in life, also sickness.

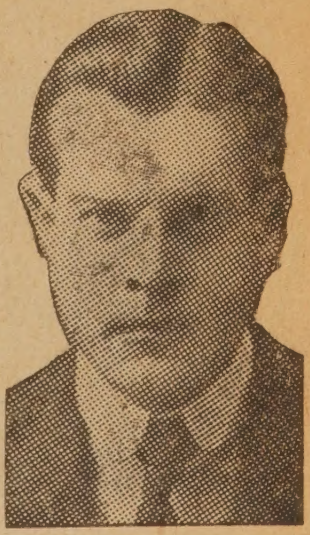
CRAWLING.—This is an ill omen. To a lover it means a happy marriage.

DANCING.—To see dancing is a good omen.

A Business Man's Advice to You

Health Is Your Most Valuable Asset

New York, N. Y.—"My business obliges me to go out in all sorts of weather and my health became broken-down entirely. Home remedies and doctors did not help me—I tried everything. My joints were sore, stiff and painful, I had difficulty in going up and down stairs, was constipated, and had stomach trouble. Although I was opposed to put-up medicine, I was willing to take anything. I read of Dr. Pierce's Anuric Tablets, and purchased some. Within a few days I felt like a new man, felt like a 'two year old,' and still feel so. The Anuric Tablets certainly dig down deep to the very root of one's ailment and they act very gently and effectively."—C. Robinson, 59 W. 62d Street.



Don't wait for serious kidney ailment to set in. Help your weakened kidneys with Dr. Pierce's Anuric. Write Dr. Pierce's Invalids' Hotel in Buffalo, N. Y., for free medical advice.

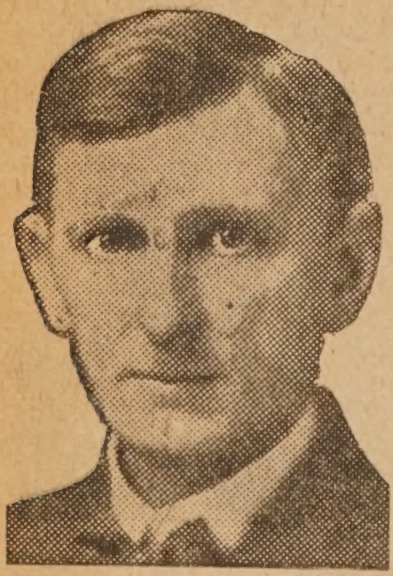
DANGER.—To dream of danger is fortunate for you. In business it means success and profit.

DEATH.—To dream of death means a wedding. To dream of talking with those who are dead is a good sign, and you will hear from the living.

Do You Need a Good Blood Purifier and Tonic?

If You Do, Read This:

Auburn, N. Y.—"My blood was in very bad condition which caused me to have breaking out all over my body, especially on my limbs and back. I doctored and took medicine, but instead of getting better I grew worse. I got so bad that I had to give up my work, when I decided to try Dr. Pierce's Golden Medical Discovery and by the time I had taken two bottles I was cured of all my trouble. My blood was in a good healthy condition, and I was able to resume my work. I have never had any return of that condition."—Benjamin Kolp, 18 Aspin Street.



All druggists, in tablets or liquid.

DEVIL.—Is a sign of sickness and trouble in your family.

DOG.—To dream of a dog means your friends are faithful. If he runs behind you, somebody is slandering you. If he fights with another dog, fear persecutions; if with the cat you will quarrel.

DROWNING.—To dream of this brings happiness; for a woman a happy marriage.

ELEPHANT.—Means riches. To get on his back, good fortune.

Have You a Cough?

Read What This Woman Says

Elyria, Ohio.—"I can highly recommend Dr. Pierce's Golden Medical Discovery as a household remedy for deep-seated coughs and colds and as a tonic and builder in run-down conditions. Golden Medical Discovery has been of great value to me and to my family for years and it is a pleasure to recommend it." — Mrs. Emma Vosburgh, 223 Rush Street.

When run-down you can quickly pick up and regain vim, vigor, vitality by obtaining this Medical Discovery of Dr. Pierce's from your druggist. Send 10c to Dr. Pierce, Buffalo, N. Y., for trial pkg.

FACE.—To see a smiling face is a sign of friendship and happiness; a pale face, a sign of trouble and poverty. A black face is a sign of long life.

FALL.—To dream you fall from a high place denotes loss of position and goods.

FIRE.—To dream you are burnt by fire, means you will have a fever. A sparkling fire denotes money in plenty.

FLOWERS.—To see them of bright colors means a pleasant life. To see them out of season means bad success. To gather flowers, a lasting friendship. To cast them away, despair and quarrels.

When Weak and Nervous Try This Advice

Trenton, N. J.—"In my early married life I was rather frail and extremely nervous, and the 'Favorite Prescription' built me up in health and strength and proved to be a splendid nervine. Afterwards I took this same medicine during expectancy as a tonic and strengthener. It was a wonderful help to me all thru that trying period and my strength returned rapidly afterwards. I have taken Dr. Pierce's Favorite Prescription at various times when run-down, weak and nervous, and it has never failed me, therefore I consider it all that could be desired as a tonic and nervine and an excellent medicine for ailments peculiar to women."
—Mrs. C. R. Hamilton, 40 Mechanics Ave.

All druggists sell the Prescription in tablets or liquid. Write Dr. Pierce, president Invalids' Hotel in Buffalo, N. Y., for free medical advice.

FUNERALS.—Good fortune. To attend a funeral, that you will be at a wedding or some gay party.

FLYING.—Flying denotes that you will leave your native land, and after hardship, return to it rich and happy.

GARDEN.—To walk in one means joy. Your fortune will be increased.

GRAVE.—Means bad success.

Advice For Mothers

Mahoningtown, Pa.—"For several years I have depended upon Dr. Pierce's Favorite Prescription to keep me in a healthy condition and it has done me a world of good. I took it before the births of my two youngest children and it kept me free from morning sickness and I felt well and strong, could do all my work and felt fine. (This is a picture of my youngest child.)

"Now, whenever I feel weak or in need of a tonic I take some of the 'Favorite Prescription' and it builds me right up and makes me feel good."—Mrs. George Axe, 504 N. Cedar St.

You can always find this Prescription of Dr. Pierce's in your neighborhood drug store in tablets or liquid.

Send 10c for trial package to Dr. Pierce's Invalids' Hotel, Buffalo, N. Y.

Hills.—To dream of climbing and traveling over hills signifies good.

Horses.—To dream of horses is a good sign. A white one, unexpected good fortune. To fall from a horse means misfortune and disappointment.

House.—To dream one is building a house means comfort.

Hunting.—If the game is killed, means much trouble through friends, but you discover them and overcome them.

YOUNG MOTHERS!

THIS IS OF VITAL IMPORTANCE TO YOU

Martin, Pa.—"After motherhood I had feminine trouble so bad I could hardly walk for some time.

A friend of mine advised me to try Dr. Pierce's Favorite Prescription and Lotion Tablets. After taking six bottles of the Prescription and using three packages of the Lotion Tablets, I am now able to do all my own work. These medicines surely did wonders for me. I think every woman bothered with woman's trouble should try Dr. Pierce's Favorite Prescription. What it has done for me it would certainly do for others."—Mrs. Elanore Brady, Box 177.

Get this Prescription now in tablets or liquid from your druggist. Write Dr. Pierce, Invalids' Hotel, Buffalo, N. Y., for free advice.

HUNGER.—Unsatisfied hunger means disappointment in your plans.

INJURY.—To receive an injury means you have many friends. If you dream of causing injury you will receive and give blessings.

INSULTS.—To dream you are abused and insulted means that you will dispute with some person in business.

LETTERS.—To write or receive them means good news.

MICE.—To dream of mice means prosperity and success in love and a happy marriage.

In all cases of Female Weakness, attended by a pelvic drain, or offensive discharge, in addition to a persistent use of Dr. Pierce's Favorite Prescription as a constitutional tonic and supportive treatment, *do not fail to use* a solution of these "Lotion Tablets" with approved female syringe—for local *strengthening and healing effects.*

The cleansing, antiseptic and tonic effects of this lotion are particularly beneficial in all obstinate and long-standing cases. In prolapsus or falling of the womb, do not fail to use this valuable aid to the treatment. If your dealer does not have the "Tablets" in stock (as most of them have), mail 35 cents in postage stamps to World's Dispensary Medical Association, Buffalo, N. Y., and you will receive them by return post.

If ulceration is suspected, from the persistency of the discharge and its failure to yield, in due time, to the use of the "Favorite Prescription" and the "Purifying and Strengthening Lotion Tablet" solution, do not fail to apply one of Dr. Pierce's Healing Suppositors. (See page 32.)

MARRIAGE.—To dream of being married signifies death and misfortune. To dream you are present at a wedding of another means joyous news and good luck.

MISERY.—To dream you are in misery and are weeping on account of some calamity or loss means that you will hear good news and that an important change in your affairs will take place.

(Continued on Page 14)

THE BECKONING LIGHT

By Lillian Lee

It was a dark stormy night, the wind had shifted to eastward, the stars had disappeared under clouds, and within a little fisherman's cottage, on the Newfoundland coast, the good wife feared for her husband's safety, who, she knew, was out on the rough waves with others after mackerel. Outside the storm raged, but within it was warm and cosy, the blazing logs sent ruddy sparks up the wide chimney and beside the fire sat an old woman. At her feet the house cat slept, and opposite sat a fine buxom young woman with a beautiful three-year-old boy in his nightie, all ready for bed. He knelt at his mother's knee and prayed for daddy's safety, who was out on the wide raging sea; then his mother put a lighted candle in his hand and guided him to the window where he placed it to light the way for daddy, and Donald, seeing the looked-for light, guided his boat to safety and to home.

Women who suffer from ills peculiar to their sex, should follow the "beckoning light" to health and happiness by taking Dr. Pierce's Favorite

Prescription, the famous herbal remedy. It is made from the formula of a skilled physician, of the same herbs and roots long used by the Indians. These women usually are free from feminine disorders and generally pass through the ordeal of motherhood in safety and ease. Dr. Pierce's high standing as a citizen and long experience as a specialist, guarantees the absolute purity of the Favorite Prescription. This is what women everywhere say about it:

Auburn, Maine.—"Last summer I became ill from feminine trouble, could not work and was very weak all the time. Several doctors failed to cure me—they said the only cure would be by an operation. I began taking Dr. Pierce's Favorite Prescription and after taking one bottle I was very greatly improved. Have taken eight bottles, and now weigh 135 lbs., more than I ever weighed before. The 'Prescription' has done wonders for me."—Mrs. Doris Wentworth, 17 Pearl St.

Cleveland, Ohio.—"I take great pleasure in recommending Dr. Pierce's Favorite Prescription for any expectant mother, as I have used it myself with great results. My baby is now three months old and I could not wish for a stronger child. My daughter also used it while developing into womanhood."—Mrs. T. H. Rogers, 14108 Strathmore Ave.

Rochester, N. Y.—"Thru overwork I became all run-down in health, was weak and nervous, and suffered a great deal with backaches. I had a tired and wornout feeling, seemed that I could not get rested, and I was also very nervous. I got Dr. Pierce's Favorite Prescription and it did me a world of good. It built me up and gave me strength and my health was very good."—Mrs. E. Beisheim, 667 S. Goodman St.

Favorite Prescription is sold by all druggists in liquid or tablet form, or send 10c for trial sample to Dr. Pierce's Invalids' Hotel, 665 Main St., Buffalo, N. Y., and write for free medical advice.

Are YOU Run-Down, Weak or Nervous?

This Woman Tells Her Experience

Bedford, Pa.—"I was all run-down, weak and nervous, suffered from backaches and was very miserable. I took Dr. Pierce's Favorite Prescription and it built me up in health and strength and made me feel like a new woman. I have also taken Dr. Pierce's Pleasant Pellets and find them an excellent regulator of the stomach, liver and bowels. They tone up the entire system. I can highly recommend these medicines of Dr. Pierce's for they do all that he claims for them."—Mrs. Mary Hoopengardner, 209 Spring St.

You'll soon feel relief from pains and nerves if you obtain the "Prescription," in tablets or liquid.

(Continued from Page 11)

MONEY.—To dream of losing money means losses in business. To find money, if gold, is a good omen. Also to dream of receiving money is good. To dream you lost money is a proof you will be deceived in love. To dream you throw money away means want. To dream of money in bags means misfortune of some kind. Shylock, in the Merchant of Venice, says, "There is some ill abrewing towards my rest, for I did dream of money bags to-night."

MOTHER.—If she be dead and you dream that you see her living, it is fortunate.

Mountain.—To dream you see steep rocky mountains means difficulties in accomplishing your designs.

Murder.—To dream you commit murder warns you that you are surrounded by false friends, it signifies danger.

Music.—Music means good news.

Noise.—To dream you hear a great noise is a sign of joy. To make a noise your vanity will be punished.

Purse.—To lose a purse is good. To dream you find a purse or pocket-book full of money is a sign of good luck.

Quarrels.—If one dreams of quarrels and fighting, one will hear of some unlooked-for news, or embrace some joy.

Rats.—Secret enemies, treason; a sign of having many enemies.

Ride.—To dream you ride with a company of men is very lucky and is profitable; with women it means misfortune and defeat.

River.—To dream you see a river, water, clear and calm, means good to all persons. To dream of swimming means future peril and danger.

Roses.—Nothing can be better than to dream of beautiful flowers, if they are in season.

Snakes or Serpents.—To see one turning and winding means danger and imprisonment, also sickness and hatred.

Shipwreck.—To dream you are shipwrecked is dangerous to all.

Shooting.—To dream you are out shooting is very favorable if you kill much game.

Snow.—Snow is good. To the young it means they will marry and prosper.

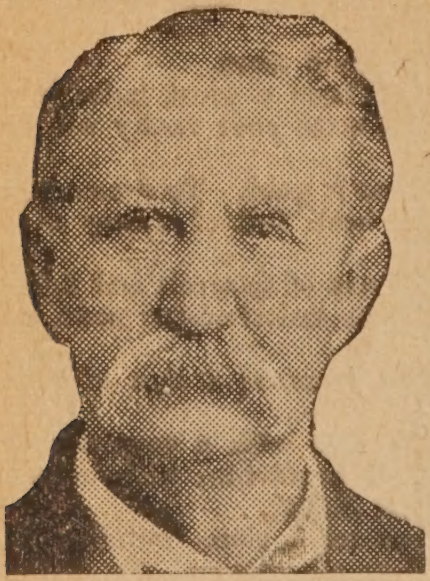
Storms.—Mean a reconciliation.

Sickness.—Loneliness and imprisonment, tears.

Tears.—If you dream of shedding tears, it means that you will speedily be much happier.

The Experience of a Prominent Man

Chester, Pa.—"I was taken with rheumatism in my right knee. I could not walk for ten days, and had to use a crutch or a stick for more than two months. After trying different remedies and getting no relief I saw an advertisement of Dr. Pierce's Anuric Tablets. I bought two bottles and before I had taken half a bottle I could walk without a stick. I continued to take them until I had taken nearly two bottles (dieting myself as directed) and I was well; my knee has given me no more trouble since."—W. M. Bell, 1115 Upland St.



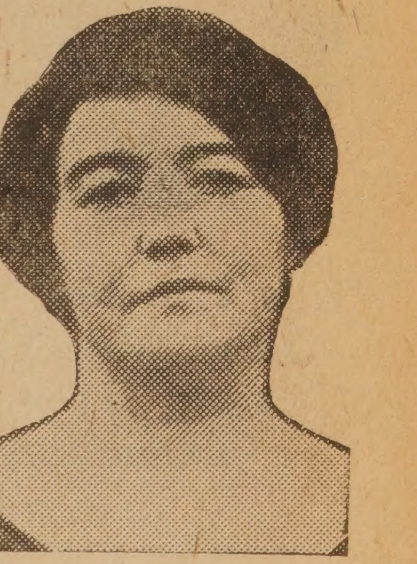
How're Your Kidneys?

Lewiston, Pa.—"I had the flu and it seemed to have affected my kidneys. I had terrible headaches and pain in my back from which I was not relieved until I took Dr. Pierce's Anuric Tablets. I had taken only part of a bottle until I was relieved. I also find them very beneficial for colds. I have taken Dr. Pierce's Golden Medical Discovery and the Favorite Prescription too with fine results."—Mrs. Dewey Hoffman, R. D. 4.

Help your weakened kidneys by obtaining this "An-uric" (anti-uric-acid) of Dr. Pierce's at your nearest drug store or send 10c for trial pkg. to Dr. Pierce's Invalids' Hotel in Buffalo, N. Y.

Your Good Health and Long Life Depend on Your Kidneys

Salamanca, N. Y.—"Last spring my feet and ankles started to swell terribly. I could not wear my shoes and by afternoon could scarcely walk around at all. I thought it must be caused from my kidneys so I got a bottle of Dr. Pierce's Anuric (anti-uric-acid) Tablets and before the bottle was gone my ankles and feet had stopped swelling. I took three bottles of the tablets and now feel fine. I am so thankful for the benefit I derived from this wonderful remedy of Dr. Pierce's that I tell of it whenever I get a chance." — Mrs. Lewis Dickerson, 38 Elm Street.



Bennettsburg, N. Y.—"I had kidney trouble, also neuritis in my arms, hands and feet. They would pain so I could not sleep nights until I took Dr. Pierce's Anuric Tablets, and was entirely cured." —Mrs. Bert Bailey, Box 61.

You can quickly put yourself in A-1 condition by going to your druggist and obtaining Dr. Pierce's Anuric Tablets (anti-uric-acid) or write Dr. Pierce, president Invalids' Hotel in Buffalo, N. Y., for free confidential medical advice. Send 10c for trial pkg.

"It Is Time You 'Put Your House in Order,' When You Take Cold So Easily, or Are Weak from the After-Affects of the Grip"

The blood is stagnant and poisons accumulate. You show your susceptibility to grip, colds, indigestion and the many ills which accrue from living indoors without proper air and exercise. Feed the body tissues and the organs of the body with good fresh blood. Bloodless people, thin anemic people, those with pale cheeks and lips, who have a poor appetite and feel that tired, worn or feverish condition at this time of the year, should try the refreshing tonic powers of an alterative and blood purifier. Dr. Pierce's Golden Medical Discovery purifies the blood, stimulates the stomach and puts the body in the right condition. You feel full of "pep." You have vim, vigor and vitality after taking this "Medical Discovery." This is what folks everywhere testify:

Tioga, Pa.—"Some years ago I had a severe attack of Grip and was under treatment with one of the best physicians in this part of the country, and, although greatly benefited by his treatment, yet I was left in a miserable condition, nervous prostration seemed to be the leading trouble. I also had bilious headaches and great distress after eating, my stomach would bloat and the least exertion would completely tire me out. I was advised to try Dr. Pierce's remedies and after taking three bottles of the 'Golden Medical Discovery' and three of the 'Favorite Prescription,' also two vials of the Pleasant Pellets, my health was restored once more. Ever since then whenever I feel run-down or in need of a tonic I always take a bottle or two of these medicines with the most pleasing results." — Mrs. Eney Vanwey Davis, R. D. 3.

Alliance, Ohio.—"I take pleasure in stating that I have used five bottles of Dr. Pierce's Golden Medical Discovery, one bottle of the 'Favorite Prescription' and a vial of 'Pleasant Pellets' and I am wonderfully improved. I suffered forty years from catarrh. Two years ago I had the 'flu' and suffered from bad head noises and my hearing was impaired. Last September I was so weak I could scarcely walk four blocks away from home, but after giving the 'Discovery' a fair trial, I am now able to sleep about eight hours, also eat a fair meal without suffering indigestion, and can hear the clock tick. I am twenty percent better than I have been for five years."—Mrs. Isabelle Shatalroe.

Druggists sell the "Discovery" in both liquid and tablets. Send 10c to Dr. Pierce, Invalids' Hotel, Buffalo, N. Y., for a trial pkg. and see for yourself how good it is.

Write Dr. Pierce for free confidential medical advice.

BEAUTY IS SKIN DEEP,

GOOD BLOOD IS BENEATH BOTH

Harrison, N. Y.—"For years I was bothered with my blood and stomach and also constipation.

The doctor said I was anemic and if I didn't take care of myself he feared consumption. His medicine failed, so my mother decided to try the remedies she had used for ten or twelve years. She started to give me Dr. Pierce's Golden Medical Discovery, a good blood tonic, and Dr. Pierce's Pleasant Pellets for my bowels, and these medicines made me feel fine. I was not able to sleep nights and was irritable before, but after taking the 'Discovery' I could sleep well and felt good. I thought my case was hopeless and I was cured, so you may be, too. Why suffer?"—Mrs. H. Doen, East White Plains.

Your neighborhood druggist carries a full line of Dr. Pierce's famous remedies. Write Dr. Pierce, President Invalids' Hotel, in Buffalo, N. Y., for free medical advice. Send 10c if you desire a trial package of any of Dr. Pierce's remedies in tablet form.

Useful Recipes for the Household

Cleaning Recipes

How to Clean Brass and Copper Pans.—A piece of cut lemon and coarse salt will clean brass and copper pans like magic. After the pan has been well rubbed, rinse out with clean, warm water, then dry and polish with a dry, soft duster.

To Remove Grease Marks.—Grease marks on pages of books may be removed by sponging them with benzine, placing the pages between sheets of blotting-paper, and pressing with a warm iron.

Dish-Cloths do not get the attention they should, and in many houses are dirty and quite unfit for use. After washing up, always soap the dish-cloth well, and then rinse in hot water with soda in it. Rinse again in hot water, and hang it in the air to dry.

If in Cleaning a kitchen stove the black-lead used is mixed with a little methylated spirit instead of water, the labor of polishing is a good deal reduced and the result is particularly brilliant. Care should be exercised so that the fumes will not ignite.

To Remove the Smell of Onions from knives, place them in the earth for a few minutes. Earth will also sweeten picklejars, etc., that washing seems powerless to render fit for use, but in that case the jars, etc., should be filled with earth and allowed to remain twenty-four hours or so.

Flower Vases stained with flower water can be perfectly cleaned with tea-leaves moistened with vinegar.

Your Table Knives need cause you no anxiety, when stored for some months if you follow this method: Clean the knives thoroughly, and then wipe over with vaseline. Wrap in brown paper, one knife in each fold.

Watch Your Daughter's Health

Newark, N. J.—"There is probably no anxiety greater for a mother than when her daughter is developing into womanhood in a weak and ailing condition. My daughter was in such a state of body and mind that it was necessary for me to take her out of school. I had tried many remedies without apparent improvement until I heard of Dr. Pierce's Favorite Prescription and Golden Medical Discovery. After using three bottles each of these medicines, my daughter regained full strength and health. I can recommend Dr. Pierce's Remedies to all mothers of delicate and ailing daughters."—Mrs. Florence Mossberger, 885 Summer Avenue.

Go now to your nearest drug store and obtain these wonderful remedies of Dr. Pierce's, in tablets or liquid, or send 10c for trial package to Dr. Pierce's Invalids' Hotel, Buffalo, N. Y.

To Prevent White Fabrics, such as tulle or silk evening gowns, choice lace or crepe shawls, becoming yellow when packed away, sprinkle bits of white wax freely among the folds.

To Clean Carpets.—A solution of ammonia and water, lukewarm, will, if well rubbed into carpets, take out all stains. Take one part of ammonia and three parts water.

Mothers, This Is Well Worth Your Reading!

Buffalo, N. Y.—"I can recommend Dr. Pierce's Favorite Prescription and Pleasant Pellets both of which I used during expectancy. I am now twenty years old and never had any enjoyment out of life until I started to use Dr. Pierce's medicines. I was run-down and was losing weight, but the Favorite Prescription corrected all this and now I am enjoying **health**, and have a fine big healthy baby boy. I cannot give **Doctor Pierce's Favorite Prescription** enough credit. I recommend this medicine to all my friends."—Mrs. J. J. Simcoe, 1 Hamilton St.

Obtain this Prescription of Dr. Pierce's now, in liquid or tablets, from your nearest druggist.

To Keep Chamois Leather Soft.—The secret of keeping a chamois leather cloth soft is to wash it in warm soap-suds and rinse it in fresh suds (not in clear water), pulling it out periodically while it is hanging up to dry.

Save Old Kid Gloves for ironing day. Sew a pad made from the left glove on to the palm of the right one, and you will find your hand is saved from becoming blistered, while the fingers and the back of the hand will be protected from the scorching heat which is so damaging to the skin.

Over the Tea Table

By Ruby Reynolds

The year Dorothy was nineteen she went abroad with her widowed Aunt, who was wealthy and childless, and the girl had a wonderful time. Paris was their headquarters, but at last her Aunt was called home on business and they sailed for New York on one of the big ocean liners. On board the ship she met Paul Dunham, a young civil engineer, returning home after two years in charge of repairs in the devastated regions of France. There were wonderful days and more wonderful evenings for these two young people, and when the Bartholdi Statue of Liberty came in view and the skyline of New York appeared, they had plighted their troth and her Aunt had given her reluctant consent. There was a simple wedding and the happy pair were busy getting settled in a pretty bungalow in one of the best suburbs, where Dorothy's nearest neighbor proved to be one of her former schoolmates. Every afternoon

the happy young wives visited and planned, and all was rose colored until Paul had a severe attack of Grippe which left him with a bad cough, thin blood, face pale and he was thin and weak. He could not sleep, was nervous and coughed a great deal so that he was unfit for business. He consulted different physicians, took all sorts of remedies recommended by sympathetic friends, and it was a discouraged young wife that sat on one side of a wicker table while her friend listened to her tale of woe. "I was telling mother about your husband's cough," her friend said, "and she advises him to take a splendid blood alterative and tonic, called Dr. Pierce's Golden Medical Discovery. It cured her cough when all other remedies failed."

Dorothy motored to the nearest drug store with renewed hope, secured two bottles of the famous herbal medicine, and before Paul had finished the second bottle his cough had disappeared, his strength and appetite were restored, and the result of his renewed vitality was a new contract for engineering work which greatly increased his salary, and Dorothy says they have Dr. Pierce's Golden Medical Discovery to thank for everything.

Many others have had a similar experience:

Pittsburgh, Pa.—"I have taken Dr. Pierce's Golden Medical Discovery and consider it a very essential family medicine. I find it very beneficial as a tonic and blood purifier, and sometime ago I suffered with liver trouble, my system seemed entirely out of order, so I took the 'Golden Medical Discovery' and it drove all the impurities out of my system and built me up in a perfect condition. I also find the 'Discovery' excellent to take in cases of deep-seated coughs or colds."—Albert Jennewine, 404 Hemlock Stdeet.

Sold by all druggists in tablet or liquid form.

Life Is What You Make It

If You Are Not Well, Here is Your Key to Health

Auburn, N. Y.—"I have found Dr. Pierce's medicines very beneficial and can highly recommend them as excellent family medicines. After having the influenza I just could not regain my health or strength. I was very weak and nervous, felt badly all over. I took Doctor Pierce's Golden Medical Discovery and also the Favorite Prescription and these medicines completely restored me to health." —Mrs. Josephine Atkins, 56 Holly St.

You can get either of these wonderful tonics from your nearest druggist.

To Renovate Carpets.—Sponge them with a solution of one part of ox-gall to two parts of water; do not make the carpet very wet. Dry thoroughly with clean dusters.

To Wash Woolen Clothes.—These should be washed in very hot suds and not rinsed. Lukewarm water will shrink them.

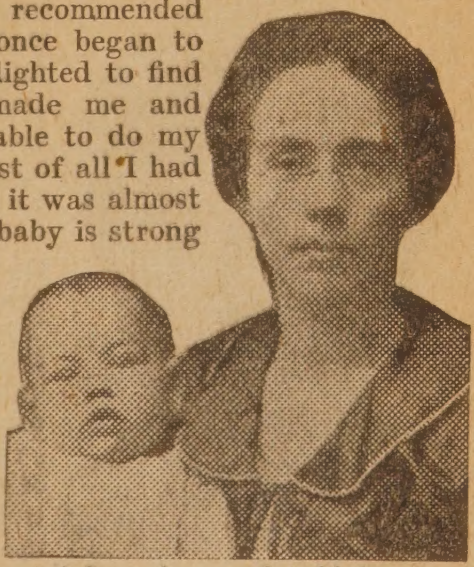
Stained Enamelled Saucepans should be rubbed with coarse sand and lemon pulp, and not cleansed with boiling soda water. After squeezing lemons, save the pulp for this purpose.

(See Page 28)

Are You a Mother?

This is of Vital Interest to You

La Jose, Pa.—"I suffered greatly with my back and was tired all the time. Dr. Pierce's Favorite Prescription was recommended to me and I at once began to use it. I was delighted to find how strong it made me and how soon I was able to do my own work, and best of all I had so little suffering, it was almost unbelievable. My baby is strong and healthy, too, weighed 9 pounds at birth, and weighed 19¼ pounds at five months." — Mrs. H. H. Beam.



Send 10c to Dr. Pierce, President Invalids' Hotel in Buffalo, N. Y., for trial package of tablets.

Every Mother Should Have This Book

Nursing in the Home, by L. H. Smith, M. D. It tells just what to do in case of sickness, before the doctor arrives. Take no chances losing baby. Every year thousands of little children suffer or die because the mother didn't know what to do. 500 pages, fully illustrated, beautifully bound, *only $1.00.* Entirely new. Advice for expectant mothers and mid-wives. Send for it today. Address, *World's Dispensary Medical Press,* No. 642¾ Washington Street, Buffalo, N. Y.

Watch Your Daughter!

A Beautiful Woman Is Always a Well Woman

Painesville, Ohio.—"When I was quite a young girl my mother gave me Dr. Pierce's Favorite Prescription and it was so beneficial that I never have forgotten it and am always glad to recommend it. I had become all run down, caused by over-exertion in my playing and my mother gave me the 'Favorite Prescription' and it was very quick in restoring me to health and strength, where other medicines which she had given me had failed."—Mrs. Glenn Abbey, 201 Eagle Street.

(Continued from Page 26)

To Renovate Black Kid Gloves.—Mix together equal quantities of white of egg, black ink, and milk or cream. Put the gloves on the hands, and apply the compound to the rubbed parts with a bit of soft flannel. Kid shoes may be treated in the same way.

To Restore Fur.—Heat some rye flour as hot as you can bear your hand on it; lay this on the fur, let it stand for a quarter of an hour, then shake or brush it out. The fur will be thoroughly cleaned after this process.

To Polish Windows.—A soft newspaper will polish windows and lamp chimneys better than cloth.

To Remove Stains from Garments. — Pure cloroform will remove paint, grease and other stains from colored garments. Put clean blotting paper under the spot and pour the chloroform—a few drops—on it, in the open air.

To Remove Perspiration Stains.—Always remove perspiration stains on white cloths and undergarments in the following manner: First dampen the article with a little lemon juice before it is put into soap and water.

Silk Should Never be ironed on the right side, as it will be shiny wherever the iron has touched it.

Smell of Paint.—To get rid of the smell of paint, let a pail of water stand in the newly painted room.

New Brooms.—Soak new brooms in strong hot salt water, before using; this toughens the bristles and makes the brooms last longer.

The Economy of Brushes is quite worth studying, as they quickly mount up to a heavy item in the year's expenditure. A scrubbing brush that is left to soak in a bucket quickly rots. Sweeping brooms should never touch the floor except when in actual use; they should at once be stood on the point of the handle, head upwards, against the wall, if there is not a broomrack. Dusting brushes should have a string on the handle and be hung up after use. Brushes should all be washed from time to time, as they get dirty, just as dusters do.

A Suet Hint.—If suet be melted down in the oven and put into jars, it will keep for any length of time and is much easier to chop up if treated in this way. Puddings will keep better if made with suet that has been melted in the oven.

Never Allow Meat to remain in paper, or in the kitchen, or it will quickly become tainted.

(Continued on Page 33)

OH! MY! SUCH PAIN!

Right Across the Small of the Back or Over the Kidneys!

It takes you right in the back! Sometimes in the arm, hip or foot. It's all due to an over-abundance of that poison called uric acid. The kidneys are not able to get rid of it. Grip, colds, and chills are mighty hard on the kidneys. The blood is filled with poison and the kidneys break down. Such conditions you can readily overcome, and prolong life by taking the advice of Dr Pierce, which is: keep the kidneys in good order. Avoid too much meat, alcohol or tea. Drink plenty of pure water, preferably hot water, before meals, and drive the uric acid out of the system by taking "Anuric," (anti-uric-acid). This can be obtained at any drug store, in tablet form.

Ask for Dr. Pierce's An-uric (kidney and backache remedy). Folks everywhere endorse it.

Rochester, N. Y.—"For quite a long time I had trouble with my kidneys. I had backaches and my ankles would swell; I also had some bladder trouble. I took only one bottle of Dr. Pierce's Anuric Tablets when my kidney and bladder trouble all left me and I have had no more backaches nor swelling of the ankles."—Mrs. Estella Wilcox, 87 Caledonia Ave.

Your Good Health and Long Life Depend on Your Kidneys. That's Why Insurance Companies Always Insist on Urinalysis

How To Tell Unhealthy Urine by Its Appearance

UNHEALTHY URINE

Unhealthy Urine has a greasy, shiny scum on the surface. Blood in the urine is a bad sign.

Color—Deep yellow to red, brownish, smoky, or pale and cloudy.

Consistency—Noticeably thicker than water—heavy.

Less than two and a half pints in twenty-four hours—or more than four pints. Too frequent, involuntary, burning or painful, scanty, dribbling, or passage at night.

Odor—Strong, foul, or offensive.

Red brickdust-like sediment, grains like sand, or stringy, whittish settlings.

HEALTHY URINE

Healthy urine is slightly acid, but not enough to burn or scald in passing.

Pale yellow to amber color. Clear.

Consistency—Scarcely heavier than water.

Three to four pints in twenty-four hours, at will during the day—hardly ever at night.

Aromatic or acid. Not offensive.

Solid Matter—Dissolved, invisible.

It is well to have an urinalysis made occasionally, as kidney disease may be present even though the urine is clear and perfectly normal in appearance.

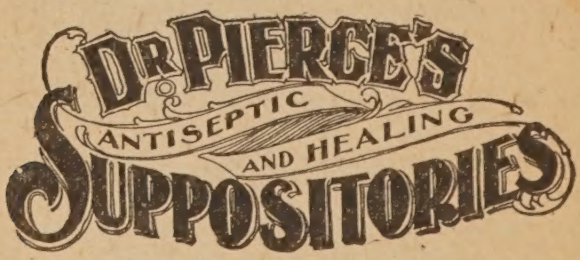
Urine tested.—The Doctor Pierce Clinic of Urology will make a thoro and complete analysis of the urine for the sum of two dollars. This includes a most careful and scientific chemical and microscopical examination, also a bacteriological stain of the sediment, if indicated, and a com-

plete type-written report of the analysis, with a letter of explanation, will be sent you by return mail. We will furnish a mailing case for sending sample (approved by the United States Post Office Department) with bottle and preservative, and send same by mail for TWO TIMES.

This is a service of which a great many people are taking advantage to-day. It helps to keep "tabs" on your general health, and may prolong life. Many of our patrons have an analysis made regularly, every three months.

When sending sample for analysis, write us under separate cover, giving a statement and history of your case. Ask any medical questions you wish answered.

Address: DR. PIERCE'S INVALIDS' HOTEL,
665 Main Street, Buffalo, N. Y.



These Suppositories are powerfully antiseptic or purifying, deodorizing and healing. They allay irritation, congestion and inflammation and produce a tonic or strengthening effect.

Dr. Pierce's Antiseptic and Healing Suppositories are sold by dealers in medicines everywhere, or sent by mail, post-paid, on receipt of 35 cents in stamps. They are manufactured at the Chemical Laboratory of the WORLD'S DISPENSARY MEDICAL ASSOCIATION, Buffalo, N. Y., to whom all orders should be addressed.

Health Is the Most Precious of All Treasures

West Sumner, Maine.—"I am very glad to be able to add my testimonial to that of others in recommending Dr. Pierce's Favorite Prescription for weak and ailing women, also Doctor Pierce's Pleasant Pellets for the stomach, liver and bowels. I am the mother of four healthy, happy children and can truly say if it had not been for the 'Favorite Prescription,' of which I took seven bottles two years ago, I would not be able to do my work now. I always suffered a great deal with backache, but Dr. Pierce's Favorite Prescription cured me and I am now a strong, well woman."—Mrs. Henry C. Billings.

A Pellet a Day, Keeps Danger at Bay

Haverhill, Mass.—"We use Dr. Pierce's Pleasant Pellets for the stomach, liver, and bowels and think there is no other medicine like them."—Mrs. Blossom Batchelder, 106 Crescent Lake Ave.

Sold by all druggists, in tiny glass vials. Easy to carry in pocket or purse.

(Continued from Page 29)

When Linen turns yellow after washing, you may know that it has not been rinsed enough. The presence of soap causes the discoloration.

HOW'S YOUR BLOOD? DO YOU COUGH?

Crown Point, N. Y.—"While I have always found Dr. Pierce's Golden Medical Discovery a reliable remedy for lingering coughs, colds and the after-effects of LaGrippe, it is as an alterative, in the treatment of a very bad case of eczema of six or seven years' standing, that I consider it worthy of special mention. Under Doctor Pierce's special advice I used the 'Discovery' and although this was over four years ago, I have not had a return of this affliction, nor any symptoms of it."—J. B. Doyne.

Dr. Pierce's famous "Discovery" can be procured from your druggist, tablets or liquid.

Patent Leather Shoes should have the dirt removed from them with a damp sponge. Dry with a duster, and then apply a very little vaseline, and polish with a silk handkerchief.

For Mildew.—Salt, water, and sunshine will remove the worst mildew stains. Wet often, when the sun is bright, and persevere until the garment is clear and white.

Grease Stains on Leather may be removed by carefully applying benzine or perfectly pure turpentine. Wash the spots over afterwards with the well-beaten white of an egg or a good leather reviver.

Reap the Reward of Perfect Health

Norwalk, Ohio.—"Dr. Pierce's Pleasant Pellets are the best system regulator I have ever taken. They are especially good for regulating the liver also for constipation and bilious attacks. They do not cause any distress as do most medicines of their kind. I take pleasure in recommending the 'Pleasant Pellets' for I know them to be excellent." — Mrs. A. Stevens, 1 Harkness Street.

Send 10 cents for a trial package of Pellets to Dr. Pierce's Invalids' Hotel, Buffalo, N. Y.

Frequent Dusting saves sweeping. A room that is dusted often and thoroughly will not require such constant sweeping as one that is dusted carelessly and seldom.

Covering a Kitchen Table.—If, when covering a kitchen table with oilcloth, a layer of brown wrapping paper is put on first, it will prevent the oilcloth from cracking and make it wear three times as long.

Old Tablecloths when no longer fit for the table, make excellent dress bags. Join up the sides and make a hem top and bottom to take a tape drawstring. If you want to put a delicate skirt away, slip one of these bags over it, and hang in a wardrobe. No dust will then come to it.

Every Woman Should Read This!

Montclaire, N. J.—"I can very truly say that Dr. Pierce's Favorite Prescription is a wonderful medicine for women who suffer from functional disturbances and the result from the use of this medicine during motherhood is very satitfactory. Anyone who uses Dr. Pierce's medicines will fully realize their value." — Mrs. J. R. Kingston, 7 Bellaire Drive.

Send 10c to Doctor Pierce's Invalids' Hotel in Buffalo, N. Y., for trial package of tablets. Write for free confidential advice.

To Clean Mirrors, wash thorouhgly with lukewarm water and soapsuds, and when dry polish with chamois leather, on which a little finely powdered chalk has been sprinkled.

The Bread Pan should be washed out weekly, dried, and thoroughly aired by keeping the lid a little way open. Thus the bread will never get a nasty musty taste, and to keep it from becoming too dry place a well-washed potato in the pan. Moisture is given off by the potato, but not enough to cause mildew.

A Dirty Oven is often the cause of a disagreeable smell in the house. The odor may be hard to trace, but try scrubbing out the oven with plenty of soda-water and a brush and the probability is the smell will disappear.

(Continued on Page 47)

DISEASES OF WOMEN

So alarmingly prevalent are those chronic diseases peculiar to women, and so famous has Dr. Pierce's Invalids' Hotel become for their successful treatment, that we were long ago obliged to create a Special Department, now thoroughly organized, and devoted **exclusively** to the treatment of these cases. The physicians and surgeons in this Department have made these delicate diseases their sole study.

Many come to our Institution from every state in the Union, and go home in a few weeks well and strong. Quite as marvelous are the thousands of cures annually accomplished through correspondence, while the patients remain at home among their friends. Others come and consult us personally, are examined, prescribed for, and allowed to return home to carry out the treatment. Every case consulting our specialists, whether by letter or in person, is given the most careful and considerate attention. Not the slightest symptom or peculiarity of constitution escapes our specialists' attention and deliberate consideration. Every important case (and we get few which have not already baffled the skill of the home physicians), has the benefit of skilled specialists.

OVARIAN AND FIBROID TUMORS

For more than thirty-five years the surgeons of the Invalids' Hotel and Surgical Institute in Buffalo, N. Y., have been successfully treating tumors by electrical and surgical means. We have found, after a long experience, that electricity as a cure for fibroid tumors is very successful in certain well-selected cases. But, although we treat successfully many cases in this way, it is not suit-

able in all cases, and many conditions arise in connection with these growths which render operation absolutely essential for a complete cure. The operation when skilfully performed, is one not to be dreaded, as the results are universally successful, and our surgeons have so perfected their methods that these cases are overcome, and most of these patients are able to return home in good health after a stay of not to exceed twenty days, and at the most thirty days in the Sanitarium.

The Very Large Ovarian Tumors, however, are not amenable to treatment by this process. The walls of their cysts become so thin and weak, while the pressure of the fluid from within is so great, that sudden and spontaneous rupture is liable to occur at any time and produce death. Removal by a cutting operation is necessary in such cases. Fortunately this procedure, as skilfully modified and perfected by experience, has, in the hands of our surgeons, proven free from the dangers common to Ovariotomy. This is due to a skilful operation and to the fact that in our Institution the sanitary arrangements are as perfect as it is possible to make them. The entire procedure is conducted upon the principles of perfect cleanliness and antisepsis, which obviate the risk of inflammation and blood-poisoning.

We invite correspondence by any one afflicted with troubles of this kind, and our surgeons will be very glad to answer any question and give advice when requested to do so, without charge.

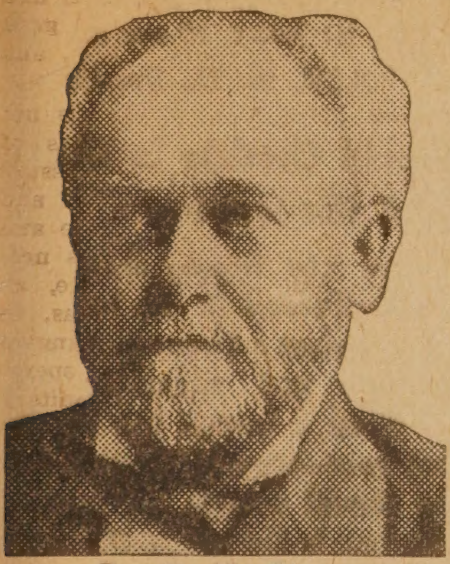
BARRENNESS or STERILITY, is generally due to causes which can be easily removed, yet are not understood by physicians, who often treat lightly a subject fraught with so much importance to humanity. Our specialists have devoted to this subject careful study. By their skill, stricture of the neck of the uterus and other **impediments to the bearing of offspring** have been easily and painlessly overcome, and hundreds of homes thereby made happy.

For a full treatise on Diseases of Women, see "The People's Common Sense Medical Adviser." Sent by mail on receipt of $1.00, or stamps. All letters of inquiry, or consultation, should be addressed to

INVALIDS' HOTEL, Dr. V. M. Pierce, President,
665 Main Street, Buffalo, New York.

A Tissue Builder

One of the important laws of health is to safeguard the quality of the blood, for good, red blood builds up the tissues. The food we eat and the food our parents ate, is a factor; also the air we breathe day and night, and the kind of water we drink, absolute purity is a requisite,—and we owe it to ourselves and to those who come after us to keep the blood pure. Dr. R. V. Pierce, who early practiced in Pennsylvania, became famous. He was a student of life problems, for he realized that the principal cause of most human ills was impure blood, and he sought to give the world a remedy. He had great faith in Nature's healing through the herbs and roots, such as were used by the Indians and, after careful analyses of their different qualities, compounded the Golden Medical Discovery, which met with such phenomenal success that a wider field was necessary, and he removed to Buffalo, N. Y., where he became a leading citizen, built up a splendid business, and founded the famous Invalids' Hotel. Dr. Pierce's name is alone a guarantee of the purity of the Golden Medical Discovery, which has helped thousands for over fifty years. Sold by all druggists, in tablets or liquid.



Dr. R. V. Pierce

I Invite Every Man or Woman

Every invalid in town or country is invited to consult our Staff of Physicians, Surgeons and Specialists, at the Invalids' Hotel and Surgical Institute, Buffalo, N. Y., by letter, at our expense.

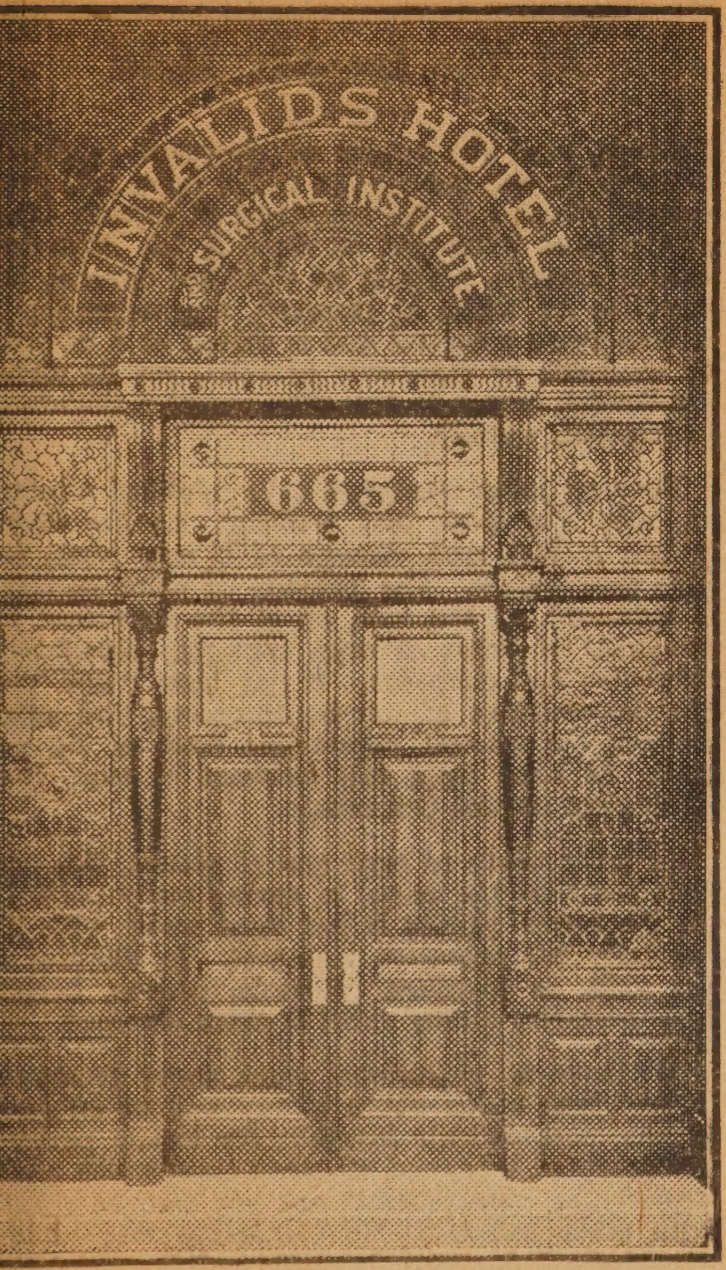
V. M. PIERCE, M. D., *President.*

Why Women Should Confide in Doctor Pierce and His Institute

There is every reason why women should not trust their delicate constitutions in the hands of unskilled persons. It requires a thorough medical education to appreciate and understand the womanly organism. When a woman has ills and pains that she cannot bear—when life seems dark for any woman, she should confide her troubles to a physician of standing in the community or to one who has a national reputation. Certainly it would not be the part of wisdom to confide in an ignorant person without medical education. There is every reason why she should write a specialist.

An invitation is extended by Dr. Pierce to every sick and ailing man or woman to consult by letter. There is absolutely no charge or fee for this consultation. Every letter is carefully considered, fully answered, and its statements held as strictly private and sacredly confidential.

DR. PIERCE'S INVALIDS' HOTEL
665 Main St., Buffalo, N. Y.



A MODEL SANITARIUM

At The Invalids' Hotel

Patients have the benefit of electrical appliance of every known description which upon test have proven valuable in the treatment of disease. One of the most wonderful of these is the High-frequency current, which is an electrical current, the direction of which is reversed, approximating a million times a second and is driven at a velocity of hundreds of thousands of volts, yet its direct application causes no sensation except a singularly perceptible warmth.

Patients under treatment have exhibited a better capacity for work and walking. In the obese, weight is lost, and, strange as it may seem, the lean gain weight. The quantity of urine excreted is increased, as are, also, all of the important ingredients of urine, as urea, nitrogen, phosphates, sulphates and chlorates. It has been found that the consumption of oxygen increases, and often exceeds the normal physiologic limit of six per cent. In some cases this amounts to more than double the normal percentage.

In tuberculosis of bone and of glands, this current has been the means of curing many patients. In the latter disease it has done away with the necessity for operative measures. In diseases of the skin, as pruritus, psoriasis, eczema, herpes, and urticaria, speedy relief is often obtained.

We have no objectional cases under treatment at any time which would in any way be offensive to the most delicate invalid. No insane patients are accepted here, and all other cases which might possibly be objectionable are not here to mingle with other patients. No contagious diseases are accepted, but notwithstanding this restriction every room is thoroughly fumigated on the de-

parture of a patient before another occupies it. No place is more healthful than a properly conducted sanitarium. The dining hall can be easily reached with elevator from all floors. The food and service compare favorably with that found in a first-class hotel. The best foods obtainable are provided and prepared by competent cooks under the direction of an experienced house-keeper. Individual diets are prepared for those requiring same when ordered by the attending physician.

The terms for board at the INVALIDS' HOTEL AND SURGICAL INSTITUTE are moderate, varying with the nature of the case and services required.

Consultation free. Examination charges reasonable.

Whether arriving in Buffalo by day or night, come directly to the INVALIDS' HOTEL AND SURGICAL INSTITUTE, No. 665 Main St., Buffalo, N. Y., where you will be hospitably received.

Many come to our Institution from every State in the Union, and go home in a few weeks well and strong. Quite as marvelous are the thousands of cures annually accomplished through correspondence, while the patients remain at home among their friends. Others come and consult us personally, are examined, prescribed for, and allowed to return home to carry out the treatment.

Every case consulting our specialists, whether by letter or in person, is given the most careful and considerate attention. Not the slightest symptom or peculiarity of constitution escapes our specialists' attention and deliberate consideration.

If you have ever visited Dr. Pierce's Invalids' Hotel, tell your friends of its wonderful resources; they, too, may be seeking relief.

Our Excellent Advantage

Of the many advantages afforded by the Invalids' Hotel and Surgical Institute in treating disease, we can make only brief mention of a few of the more prominent.

Division of Practice

In the examination and treatment of patients, our practice is divided into Specialties. Each member of the Faculty, although educated to practice in all departments of medicine and surgery, is here assigned to a special department only, to which he devotes his entire time and attention.

The several departments, consisting of the general medical, surgical (three operating rooms), diseases of women, a department for the treatment of eye, ear, nose and throat, and a department for diseases of the urinary organs; each department fully equipped with modern appliances, with experienced nurses in attendance under the supervision of the medical staff; the laboratory for chemical and microscopical examination of urine, blood, sputum, stomach contents, etc., under the care of an experienced chemist, who devotes his entire time to this line of work; the electrical and general treatment room, with mechanical vibratory stimulation which improves nutrition, produces relaxation in the nervous and high-strung, has a decidedly beneficial effect in cases of lumbago, sciatica, rheumatism in general of chronic type, sleeplessness, constipation, and many other chronic ailments. Turkish and Russian baths, chemical baths, the electrical incandescent light bath. In the electrical department, the X-ray, Ultra-violet ray, Sinusoidal and High-frequency, also Static, Galvanic and Faradic Electrical Currents are used according to the individual requirements.

Dr. Pierce's Family Medicines

Mailed direct from Dr. Pierce's Laboratory in Buffalo, N. Y., on receipt of price, if not kept by your neighborhood druggist.

DR. PIERCE'S GOLDEN MEDICAL DISCOVERY is an alterative and vegetable tonic. contains no alcohol. Tablets, small size, 65 cents; large size, $1.35. Liquid, $1.35.

DR. PIERCE'S FAVORITE PRESCRIPTION is an herbal tonic for the chronic weaknesses of women. Contains no alcohol, nor any harmful ingredient. Tablets, small size, 65 cents; large size, $1.35. Liquid, $1.35.

DR. PIERCE'S ANURIC (anti-uric-acid) TABLETS. A New Remedy for Kidney, Bladder and Uric-Acid Troubles. Price, 65 cents; large size, $1.35.

DR. PIERCE'S IRONTIC (iron-tonic) TABLETS made Redder Blood. Price, 65 cents.

DR. PIERCE'S PLEASANT PELLETS for Constipation. Bilious and Sick-headaches, Indigestion and many derangements of the Stomach, Liver and Bowels, when due to Constipation, are corrected by their use. Price, 30 cents.

DR. PIERCE'S COUGH SYRUP for Coughs, Colds, Hoarseness, Bronchial Coughs and Non-diptheritic Sore Throat. Price, 35 cents.

DR. PIERCE'S HEALING SALVE is a nice dressing for open, running, or suppurating sores and ulcers. Price, 65 cents.

DR. PIERCE'S ANODYNE PILE OINTMENT is a soothing, cooling, healing, antiseptic application for Piles. Price, 65 cents.

DR. PIERCE'S SOOTHALINE (MENTHA) is especially recommended for Sunburn, Chilblains, tired, burning, aching feet, chapped skin. Applied after shaving this "Soothaline" is very cooling and healing. Price, 65 cents.

Dainty Dishes for the Invalid

Barley Water.—One and a half tablespoons pearl barley, one quart cold water, salt. Wash barley, add cold water and let soak several hours or over night. Drain and add the fresh cold water, boil gently over direct heat two hours, or in a double boiler steadily four hours, down to one pint, adding water from time to time; season with salt. Strain through muslin. Cream or milk may be added or lemon juice and sugar.

Rice Water.—Two tablespoons rice, one pint cold water, salt, milk. Wash and pick over the rice; add cold water and cook until rice is tender. Strain and dilute with boiling water, or hot milk to desired consistency. Season with salt. Sugar may be added if desired, and cinnamon, if allowed, may be cooked with it, and will assist in inducing a laxative condition.

Oatmeal Water.—One tablespoon oatmeal, one tablespoon cold water, speck salt, one quart boiling water. Mix oatmeal and cold water, add salt and stir into the boiling water. Boil three hours; replenish the water as it boils away. Strain through cheese cloth. Season, serve cold.

Junket.—One cup fresh milk, one-quarter Junket tablet, one teaspoon cold water. Heat the milk until lukewarm; add the tablet dissolved in the cold water; allow it to jelly in a warm place; chill in cool place.

Flaxseed Tea.—One tablespoon whole flaxseed, two cups cold water, juice of one lemon; sugar. Wash flaxseed thoroughly, put it with the cold water in a saucepan, simmer one hour, add lemon juice and sugar to taste and strain. If too thick, add hot water. Valuable in case of inflammation of the muscous membrane.

Egg Broth.—Yolk one egg, one tablespoon sugar, speck salt, one cup hot milk. Brandy or some other stimulant if required. Beat egg, add

sugar and salt. Pour on carefully the hot milk. Flavor as desired, if with brandy or wine, use about one tablespoon.

Egg-Nog.—One egg, speck salt, one tablespoon sugar, one-third cup of milk, one and one-half tablespoon of wine or less of brandy. Beat the egg, add the sugar and salt; blend thoroughly, add the milk and liquor. Serve immediately.

(Continued from Page 36)

Putting Food in the Refrigerator.—Never put food away in the refrigerator until it is quite cold. Never let anything cool with the lid on. Never leave a metal spoon in any food; even a silver spoon is affected by salt. Never let anything remain all night in a saucepan—and especially not in enamel ware; many deaths have been caused by the neglect of this rule since foods will often become poisoned by being allowed to stand in such cooking utensils. The only really safe receptacle for food to remain in is one of china, glass, or crockery.

Wooden Spoons and pastry boards will repay a good scrubbing with sand in preference to soap.

To clean Straw Matting.—Wash with salt and water and wipe dry. The salt will prevent the matting from turning yellow.

To Take out Ink Stains.—If an ink stain gets on your frock, remove it at once with salts of lemon, if the color will not run.

Restoring Color to Silk.—When the color has been taken from silk by acids, it may be restored by applying to the spot a little hartshorn or sal volatile.

Mending China.—To mend china successfully melt a small quantity of pulverized alum in an old spoon. Before it hardens rub the alum over the pieces to be united, press them together, and set aside to dry. They will not come apart, even when washed with hot water.

First Aid to the Injured

Apoplexy.—Apply wet cloths to the head and open the collar. Give a laxative.

Bites of Snakes, Mad Dogs, etc.—Apply a ligature (a cord) on the side nearest the heart; suck the wound, scratch the edges with a clean penknife, and apply caustic or carbolic acid to the wound.

Stings of Insects.—Apply weak ammonia, oil, salt water, iodine.

Burns and Scalds.—Cover with cooking soda and lay wet cloths over the injured part. Apply white of egg and olive oil; olive or linseed oil, plain or mixed with chalk and whiting; sweet or olive oil and lime water.

Fainting.—Place flat on back; allow fresh air, and sprinkle with water. Place head lower than rest of body.

Fire from Kerosene.—Don't use water, it will spread the flames. Dirt, sand or flour is the best extinguisher, or smother with woolen rug, tablecloth or carpet.

Fire in a Building.—Crawl on the floor. The clearest air is the lowest in the room. Cover head with woolen wrap, wet if possible. Cut holes for the eyes. Don't get excited.

Fire in One's Clothing.—Don't run; especially not down-stairs or out of doors. Roll on carpets, or wrap in woolen rug or blanket. Keep the head down, so as not to inhale flame.

Fits.—Loosen the clothing about the neck, admit plenty of fresh air, and prevent the patient from injuring himself. Place a cork between the jaws to prevent patient from biting his tongue.

Sprains and Strains.—There is nothing better than Dr. Pierce's Ammonio-Camphorated Liniment. It penetrates to the strained muscles and tendons so that the pain and inflammation subside.

Sunstroke.—Loosen clothes at neck; administer a laxative; apply cold water to the head.

Dr. Pierce's Handbook of Medical Advice and First Aid to the Injured (illustrated)

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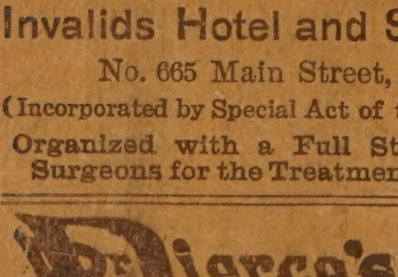

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